

CHAPLAIN

Rev. Marc Bishop

GRAND KNIGHTNicholas Gallo Sr.
GrandKnight@KofC109.com**DEPUTY GRAND KNIGHT**

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Jim McCaffery

WARDEN

Chuck Kunsman

INSIDE GUARD

Ron Sheehan

OUTSIDE GUARD

Tyler Buckley

FINANCIAL SECRETARYPeter Kenney (PGK)
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TRUSTEESPaul Buckley (PGK)
David Couture (FDD, PGK)
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LECTURER

Michael Keefe (PGK)

HALL RENTALSGeorge McCarthy
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KNIGHTS OF COLUMBUS

ARLINGTON COUNCIL 109

GRAND KNIGHT'S MESSAGE

July 2024

Dear Brothers,

We closed the year strong! We had great results from both the Spy Ponder Golf Classic and our Spring Benefit Drawing. Special thanks to Mike Lojacono, PGK Paul Buckley, and FDD/PGK David Couture. These Brothers provide excellent examples for us to follow. Get out there and make a difference! Find a way to use your skills to make our Council, our Church, and our Community better!

This month we will hold an Exemplification of Charity, Unity, & Fraternity (aka first three degrees) on July 16th rather than a regular business meeting. This exemplification is open to anyone who is interested in joining the KofC and/or advancing degrees. Please do make sure to let an Officer know you plan to attend so we can appropriately prepare. Our next "regular" meeting will be on August 20th.

On August 11th our Council will be hosting the Silver Rose at St. Agnes. Each year, from early March through mid-December, Silver Roses are stewarded by Knights of Columbus councils along routes from Canada to Mexico. Every stop the Silver Rose makes throughout the pilgrimage is a rosary-centered occasion for Knights, parishioners, and community members to pray for respect for life, for the spiritual renewal of each nation, and for the advancement of the message of Our Lady of Guadalupe. Please get this fantastic event on your calendar!

We have some new programs on tap this year and could use your help! Please consider donating a few hours of your time to an activity that best speaks to you. Finally, thank you for re-electing me to be your Grand Knight and supporting me this last year! I look forward to seeing you soon and the year to come!

Vivat Iesu & May God Bless Council 109

Grand Knight Nicholas Gallo

Upcoming Council Events & Activities

July 2 nd	Officer's Planning Meeting
July 14 th	Contra for a Cause
July 16 th	Knights of Columbus Exemplification
August 6 th	Officer's Planning Meeting
August 11 th	Silver Rose (@St. Agnes)
August 11 th	Contra for a Cause
August 15 th	Assumption of the Blessed Virgin Mary
August 20 th	Knights of Columbus Meeting (Steamers & Dogs)

To keep informed of Council activities, visit our website: www.KofC109.com

PROGRAM DIRECTOR

Paul Buckley (PGK)

MEMBERSHIP DIRECTOR

Peter Kenney (PGK)

RETENTION CHAIRMAN

Peter Kenney (PGK)

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Nicholas Gallo Sr.

DIRECTOR OF LIFE ACTIVITIES

Robert Tosi Jr. (PGK)

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Thomas Henry (PGK)

VISITING COMMITTEE**(SICK & WAKE COMMITTEE)**

Steve Meadows (PGK)

Jim McCaffery

Stephen Ronayne

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OUR LOCAL PARISHES:

St. Agnes & St. Camillus

www.cparl.org

St. Eulalia

www.sainteulalia.org

St. Peter

www.saintpetercambridge.org**COUNCIL SEMINARIANS:**

Paulo Carvalho

JULY MOTIONS

The following motions have been submitted for our regular business meeting:

- July is an exemplification; no Council business will be transacted.

KEEP IN YOUR PRAYERS

The following Brothers or family members have been reported ill. Your prayers are requested for their well-being and for the continued good health of all our Brothers and their families. A card or a visit would be appreciated.

Brother Steve Kelly Sr – in rehab after a few falls.

Brother David Gallo Sr, father of GK Gallo – undergoing treatment for Mantle Cell Lymphoma.

Kathy Keefe, wife of PGK Jackie Keefe, has been ill and could use prayers.

Scott Chisholm, brother of John Chisholm – undergoing treatment for cancer.

Joan Hurd, wife of Brother Frank Hurd – undergoing treatment for Pancreatic cancer.

Mary Brady, mother of Brother Michael Brady – unwell and could use prayers.

IN MEMORIAM

Please remember in your prayers the repose of the souls of all our deceased Brothers and their family members, may their souls and all the souls of the faithfully departed, through the mercy of God, rest in peace.

2024-2025 BULLETIN UPDATE

Please consider placing an Ad in our bulletin. An Ad only costs \$150 for the entire fraternal year! This is a business expense and goes directly towards our charitable endeavors! A special thank you to the brothers who have already signed up for their Ads!

CANTY-PRIOR MEMORIAL SCHOLARSHIP

Applications for this year's Canty-Prior Memorial Scholarship are due August 19th. Please submit your application(s) in the box provided in the Lounge. Please find an application at the end of the bulletin.

CHRISTMAS IN JULY - St. Matthew's Food Pantry

Second annual Christmas in July food drive! Please bring food donations to the Lounge and place under the (soon to be setup) Christmas Tree. Cereal, rice, beans, mac & cheese, pasta, pasta sauce, canned vegetables, granola bars, and snacks are especially needed.

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AD SPACES AVAILABLE
CONTACT ANY KofC109 OFFICER

CANDIDATES FOR COUNCIL MEMBERSHIP

The below are individuals who have completed an application for membership to our Council. **Action will be taken on their application at our next Business Meeting:**

-no pending applicants-

ASPIRANTS FOR COUNCIL MEMBERSHIP

The below are individuals who have been accepted by a vote of the Council but have not yet completed a degree. **Please encourage these Aspirants to complete their degree training** so they may fulfill their membership requirements:

Bill Darnell	Fr. Valan	Matthew Garcia
Paul Goudreau	Fr. Alwin	Jim Schmidt
Matthew Lojacono		

Pending Transfers: Matthew O'Rourke, Scott Morin

ON-DEMAND EXEMPLIFICATION

Have you reached the 3rd degree? All individuals without a degree or with only the 1st & 2nd degrees are encouraged to complete their 3rd degree. Our first three degrees are an introduction to our order's focuses on Charity, Unity, and Fraternity. **This on-demand training only takes about 30 minutes to complete.** A link to the ceremony may be found here: www.kofc109.com/exemplification

COUNCIL MEMBERSHIP UPDATE

We have set a goal of 30 new members this fraternal year (July 2024 - June 2025). Below is our progress towards that goal:

Goal	June +	FYTD +	%
30	0	0	0%

Make sure to both recruit new members and assist them through the degree process!

FOURTH DEGREE EXEMPLIFICATION

If you have interest in this exemplification, please reach out to GrandKnight@KofC109.com and I can share more information.

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*O Most beautiful flower of Mount Carmel,
beautiful vine, splendor of heaven, Blessed
Mother of the Son of God, Immaculate Virgin,
assist me in this my necessity... O Star of the
Sea, help me and show me herein you are my
mother.*

*O Holy Mary, Mother of God, Queen of
heaven and earth, I humbly beseech you from
the bottom of my heart, to succor me in this
my necessity; there are none that can
withstand your power.*

*O show me herein you are my Mother. O
Mary, conceived without sin, pray for us who
have recourse. Sweet Mother, I place this
cause in your hands.*

*- A Prayer to the Blessed Virgin Our Lady of
Mount Carmel,
Feast Day July 16th*

**AD SPACES AVAILABLE
CONTACT ANY KofC109 OFFICER**

GET INVOLVED!

We are planning a lot of fun for this year! We have so many activities planned/in-planning and we need help! We need Brothers and friends of all kinds of talents and interests!

A quick draft (in no particular order) of some of the activities ahead:

- Soccer Skills Challenge
- Hockey Skills Challenge
- Free Throw Challenge
- Silver Rose
- Rosary Program
- Spiritual Reflection Program
- Keep Christ in Christmas Poster Contest
- Catholic Citizenship Essay Contest
- CPARL Parish Picnic
- St. Eulalia Parish Picnic
- Arlington Town Day
- Children's Christmas Party
- Special Needs Halloween Party
- Exemplifications
- Memorial Mass
- Communion Breakfast
- Food for Families Program
- Coffee with a Cop
- National Night Out
- Coats for Kids
- And many more...

If any of the above activities interest you, please speak with an Officer. We need more helpers. Some Brothers are best positioned to engage with a crowd, others cheering on kids in the skills competitions, and still others who are excellent on a grill and prefer to stay "in the back". All of you are needed AND appreciated!

Our Council is something for us all to be very proud of! Its success is built & dependent on the works of its members. Our Council was founded on December 10th, 1894; impressively, we are at almost 130 years of Charity, Unity, and Fraternity guiding the men of Arlington.